



Amanda Wright Hypnotherapy

Change Your Mind Change Your Life - You're Worth It

Medical and Allied Health Referral Information

Amanda Wright MAACHP

Clinical Hypnotherapist and Behavioural Change Consultant | Mt Hawthorn, Perth

Amanda is an award-winning Clinical Hypnotherapist and Behavioural Change Consultant with more than 12 years of experience and over 1,000 clients supported. Her structured, evidence-informed approach focuses on sustainable behavioural change and complements existing care.

Who Amanda Supports

- GLP-1 transition support and weight management
- Gut health and IBS
- Menopause and women's health
- Anxiety and nervous system regulation
- Chronic pain, trauma recovery and sleep
- Addiction, habit change and peak performance

How Hypnotherapy May Complement Care

- Supports sustainable behavioural patterns
- Reduces fear, anxiety and emotional reactivity
- Strengthens self-regulation, confidence and motivation
- Helps address subconscious associations linked to habits

Suitable Referral Areas

- Preparing to reduce or discontinue GLP-1 medication
- Weight regain after stopping medication
- Fear or anxiety about transitioning off injections
- Medication-free weight management support
- Stress-related gut symptoms or sleep difficulties
- Behavioural support alongside medical or allied health care

How to Refer

- Tell your client about Amanda's services
- Give them a referral card or direct them to hypnogenie.com.au
- The client books a free consultation directly
- No paperwork is required
- A progress summary can be provided with client consent

Qualifications and Provider Details

Registered member: Australian Association of Clinical Hypnotherapy & Psychotherapy (AACHP)

AACHP Provider Number: 1234567

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Scan to book

Eligible clients may be able to claim rebates through participating private health insurers that recognise AACHP. Clients should contact their health fund to confirm eligibility and level of cover. Clinical hypnotherapy is a complementary service and does not replace medical advice, diagnosis or treatment. Medication changes must be discussed with the prescribing practitioner.